

## Graduate Certificate in Expressive Arts Therapy

The **Graduate Certificate In Expressive Arts Therapy** requires **18 hours** of coursework. To be eligible for the certificate, candidates must currently hold a master's degree in counseling or related mental health area or a master's degree in an arts therapy field, or be enrolled in one of the counseling graduate programs at Appalachian's Department of Human Development and Psychological Counseling.

### Required Courses:

HPC 6360      Therapy and the Expressive Arts  
 HPC 6370      Intermodal Expressive Arts (pre-requisite HPC 6360)  
 HPC 6390      Current Issues in Expressive Arts\* (pre-requisite HPC 6360)

\*Note: HPC 6390 is required for all expressive arts certificate students who begin the program in Fall 2013. All other expressive arts certificate/concentration students are strongly encouraged to enroll in HPC 6390.

### Elective Courses:

Cross referenced with the 2013-2014 Graduate Bulletin & Course Catalog

DEPT	COURSE #	TITLE
HPC	5000-6770	Selected Topics: See Info Below**
HPC	5860	Dreamwork: Clinical Methods
HPC	5870	Creative Process, Movement & Therapy
HPC	6160	Gestalt Therapy
HPC	6340	Ecotherapy
HPC	6350	Body/Mind
HPC	6355	Mindfulness Based Counseling
HPC	6365	Expressive Arts Institute
HPC	6366	Expressive Arts Institute: Children and Adolescents
HPC	6380	Therapeutic Writing
HPC	6390	Current Issues in Expressive Arts Therapy*
HPC	6500	Independent Study
HPC	5900	Practicum (with Emphasis in EXA)
HPC	6900	Internship (with emphasis in EXA)
MUS	5006	Philosophy of Music
MUS	5060	Guided Imagery and Music, Level 1
DAN	5460	Somatics

\*\* SELECTED TOPICS COURSES

### **Practicum and Internship Portfolio Option:**

Students using the expressive arts in practicum or internship settings may also count 3 credit hours of Practicum or 3 credit hours of Internship towards the certificate so long as they complete the following expressive arts portfolio requirements in addition to the successful completion of practicum or internship requirements. The purpose of the portfolio is to provide documentation of student understanding and practice of expressive arts therapy and for the future possibility of becoming a Registered Expressive Arts Therapist through the *International Expressive Arts Therapy Association*.

### **Expressive Arts Portfolio Requirements:**

The portfolio (6 -10 pages, 8 ½ by 11 inches) represents a synopsis in artistic form of the work of the practicum or internship. The portfolio should consist of the following:

1. Commentary on the use of expressive arts therapy, not just modalities, but also principles of practice and theoretical foundations.
2. Personal artistic/poetic responses to experiences with clients (For confidentiality purposes, please do not use any names or identifying data).
3. Personal artistic/poetic responses to overall experience of working as a counselor with an artistic perspective on the therapeutic process. Include moments of successes, fear, doubt, self-discovery, and self-care.

A digital PDF copy of the portfolio should be submitted to the Expressive Arts Certificate Program Coordinator at the conclusion of the practicum and/or internship. Please submit to Dr. Jena Leake at [leakeje@appstate.edu](mailto:leakeje@appstate.edu).

**When you have completed all requirements for the EXA Certificate, please submit the Certificate of Completion Form to Dr. Lee Baruth for his signature. The HPC Office will then forward your form to the Graduate School.**